The Louisiana State Boxing and Wrestling Commission does hereby exercise the emergency provisions of the Administrative Procedure Act R.S. 49:962 and R.S. 4:64 in order to define and promulgate a new chapter on a classic ring sport to the state of Louisiana, London Ring Fighting. London Ring Fighting is a traditional ring sport where fighters are gloveless. As more requests for these types of events are received, this commission determined it necessary to immediately establish a new chapter, with stringent rules, in order to achieve proper oversight of this ring sport to protect the health and welfare of the contestants and general public.

This Emergency Rule is effective as of August 10, 2022 and will remain in effect for a period of 180 days unless renewed by the commission or until adoption of the final rules, whichever occurs first.

Title 46
PROFESSIONAL AND OCCUPATIONAL STANDARDS
Chapter 1. General Rules
§101. Definitions

* * *
London Ring Fighting—is the sport of boxing conducted without the use of boxing gloves or other padding on the participant’s hands.  

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AUTHORITY NOTE: Promulgated in accordance with R.S. 4:61(D) and R.S. 4:64.


Chapter 9. London Ring Fighting (LRF)
§901. Application of General Rules; Professional Boxing Rules and Mixed Technique Event Rules
A. All general rules, excepting §127, Charity Events, shall apply to all LRF events.
B. Except as set forth below, LRF events shall be conducted using the professional boxing rules §305 through §330, excepting rules §307, §309, §318, §320 and §322 which are replaced below and except where the intention would be to modify rules which are specific to LRF events.

AUTHORITY NOTE: Promulgated in accordance with R.S. 4:61(D) and R.S. 4:64.

HISTORICAL NOTE: Promulgated by the Department of Economic Development, Boxing and Wrestling Commission, 2022

§903. Weight Class
A. Except with the approval of the commission or its commissioner, the classes for unarmed combatants competing in LRF events and the weights for each class are shown in the following schedule.
1. Atomweight—105 lbs to 115 lbs
2. Strawweight—115 lbs to 125 lbs
3. Flyweight—125 lbs to 135 lbs
4. Bantamweight—135 lbs to 145 lbs
5. Featherweight—145 lbs to 155 lbs
6. Lightweight—155 lbs to 165 lbs
7. Welterweight—165 lbs to 175 lbs
8. Middleweight—175 lbs to 185 lbs
9. Lt Heavyweight—185 lbs to 200 lbs
10. Cruiserweight—200 lbs to 225 lbs
11. Heavyweight—225 lbs to 265 lbs
12. Super Heavyweight—265 lbs and above

B. After the weigh-in of an unarmed combatant competing in LRF events:
   1. weight loss in excess of 2 pounds is not permitted for an unarmed combatant who weighed in at 145 pounds or less;
   2. weight loss in excess of 3 pounds is not permitted for an unarmed combatant who weighed in at over 145 pounds;
   3. the weight loss described in Paragraph 2 must not occur later than two hours after the initial weigh-in.

AUTHORITY NOTE: Promulgated in accordance with R.S. 4:64.

HISTORICAL NOTE: Promulgated by the Department of Economic Development, Boxing and Wrestling Commission, LR 48:

§905. Rounds, Duration and Intermission
A. Rounds shall be a minimum of 120 seconds long for male contestants and 60 seconds long for female fighters;
B. There shall be a 60-second intermission between rounds, unless otherwise directed or authorized by the commission. The referee, at the request of the ringside physician, may extend this intermission, if necessary to examine a participant, for up to 30 additional seconds;

C. No bout may be scheduled for longer than five rounds nor less than three rounds. Each championship contest will be scheduled for five rounds.

AUTHORITY NOTE Promulgated in accordance with R.S. 4:61(D) and R.S. 4:64

HISTORICAL NOTE: Promulgated by the Department of Economic Development, Boxing and Wrestling Commission, LR 48:

§907. Fouls
A. All LRF events shall be subject to the rules for fouls under Professional Boxing Rule §321, Fouls, Deductions, of Points Because of a Foul and Accidental Fouling. Section 321.A of this Part shall be modified as follows: any participant persistently using foul tactics may be disqualified by either the referee or the commission and in addition be subject to such penalty as the commission may impose. Foul tactics include, but are not limited to:
1. hitting below the belt;
2. hitting an opponent who is down or who is getting up after being down;
3. holding an opponent with both hands or arms in an attempt to hold their opponent;
4. deliberately maintaining a clinch;
5. butting with the head or shoulder or using the knee;
6. hitting with inside or butt of the hand, the wrist or the elbow; except a fighter may strike with the palm of his hand when in a clinch;
7. hitting or "flicking" with an open hand;
8. wrestling or roughing at the ropes;
9. purposely going down without being hit;
10. striking deliberately at that part of the body over the kidneys;
11. use of the pivot, backhand and rabbit punch;
§909. Wrapping of Hands:
A. Hands may be wrapped with gauze and tape that ends no closer than 1 inch from the fighter’s knuckles. The wrap must include the wrist and may travel up to 3 inches past the junction of the wrist bone.
B. Gauze may be applied to the wrist, palm of the hand, back of the hand and thumb. The length of gauze to be utilized may not exceed a length of 15 feet per hand.
C. Tape may be applied to the wrist, palm of the hand, back of the hand and thumb. The tape shall not be greater than 1 inch in width and shall not exceed 10 feet in length per hand.

§911. London Rules Fighting Ring
A. All LRF events shall be subject to the Professional Boxing rule §320, Boxing Ring and Ropes, which is hereby supplemented to permit the use of a circular ring.
B. LRF events may use a circular ring which is defined as follows.
   1. The ring must be a minimum of no less than 18 feet or past a maximum of 26 feet within the ropes.
   2. At the beginning of every round, both fighters will place at least one foot onto the line designated by the position of their corner before the match can be started by a signal from the referee.
   3. If the participant is slow or stalling in approaching the line for the referee to start the round, the fighter can be either warned, have points deducted or be disqualified from the fight.

§913. Toeing the Line
Any LRF event may use the following rules referred to as “Toeing the Line”. If the promoter wishes to use the toeing the line rules, he must notify the commission in his event request form.

1. In every ring utilizing the toeing the line rule, there are two four-foot long lines painted in the center of the ring at a distance of 3 feet apart.

2. The referee insures that both ringside physicians are present at all times during the fight.

3. At the end of the period of unarmed combat, both ringside physicians must be in attendance at ringside at all times.

4. If the participant is slow or stalling in approaching the line for the referee to start the round, the fighter can be either warned, have points deducted or be disqualified from the fight.

§915. Two Ringside Physicians
A. At all LRF events there shall be in attendance 2 physicians who are licensed in the state of Louisiana. Both physicians must be in attendance at ringside at all times during the fight. A fight/round shall not begin unless the referee insures that both ringside physicians are present at ringside; and

B. At least one of the two ringside physicians shall be certified as an expert in the area of plastic surgery.

§917. Judges and Referees
A. Judges and referees for LRF events will be licensed officials in accordance with Professional Boxing rule §311, Judges and Referees herein.